



WEEKLY GROUP SCHEDULE

June 24th – August 7th, 2022

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Group						
Little Fishy	3:45 - 4:45 PM	3:45 - 4:45 PM	3:45 - 4:45 PM	3:45 - 5:00 PM	3:45 - 4:45 PM	
Little Fishy - 2days/week	OFF	3:45 - 4:45 PM	OFF	3:45 - 5:00 PM	OFF	
Junior B	4:30 - 6:00 PM	7:15 - 8:30 AM OFF	4:30 - 6:00 PM	7:15 - 8:30 AM 4:45 - 6:30 PM	7:15 - 8:30 AM OFF	
Junior A	4:30 - 6:00 PM	OFF	7:15 - 8:30 AM 4:30 - 6:00 PM	7:15 - 8:30 AM OFF	7:15 - 8:30 AM 4:30 - 6:00 PM	
Intermediate B	OFF	5:45 - 7:30 AM 4:30 - 6:15 PM	7:15 - 8:30 AM 7:45 - 9:00PM	6:15 - 8:00 PM	5:45 - 7:30 AM OFF	
Intermediate A	7:45 - 9:00 PM	7:15 - 8:30 AM 7:15 - 9:00 PM	5:45 - 7:30 AM OFF	5:45 - 7:30 AM 4:45 - 6:30 PM	4:30 - 6:00 PM	
Senior	7:45 - 9:00 PM	5:45 - 7:30 AM 4:30 - 6:15 PM	5:45 - 7:30 AM 7:45 - 9:00 PM	6:15 - 8:00 PM	5:45 - 7:30 AM OFF	
Junior Polo	7:15 - 8:30 AM	6:00 - 7:30 PM		7:45 - 9:00 PM		5:45 - 7:00 PM
Int./Senior Polo	5:45 - 8:00 AM			7:15 - 9:30 PM*		6:45 - 9:00 PM
Recreational Synchro		6:00 - 7:30 PM			4:30 - 6:00 PM	
Competitive Synchro		6:00 - 9:00 PM		5:45 - 7:30 AM	7:45 - 9:00 PM	
Coaches					8:00 - 9:00 PM	

Notes:

1. **No practices** held on **July 1st** or **August 1st**.
2. All practices include a 15 minute dryland.
3. Int./Senior Polo from 5:45 - 8:00AM on Mondays will run until 8:30AM if space permits.
4. Int./Senior Polo from 7:30 - 9:30PM on Thursdays will occur at Surrey Sport & Leisure Complex for selected advanced players only. All other members may attend the 7:45 – 9:00 PM practice at the NDOP.