

North Delta Sunfish – Club Relay Policy

The club's two goals for relays are foremost:

- Qualify as many relay teams as possible to the Provincial Championships.
 - The relay teams entered at the Provincials Championships have the highest chance to win, as determined by the Head Coach.
1. All relay teams formed May 1st – June 30th of each year will be comprised of random teams of mixed times. This rule is intended to ensure that swimmers have the opportunity to meet and compete, as a team, with a variety of other swimmers in the age group.
 2. All relay teams formed July 1st – August 31st of each year will be comprised to determine the fastest and most competitive relay teams possible for the Regional and Provincial Championships as determined by the Head Coach. Only competitive relays in their corresponding event will be allowed to swim, however all efforts will be made to place each swimmer on a competitive relay.
 3. The Head Coach has the discretion to form Regional relay teams based on, but not limited to: best times, previous relay splits, practice attendance, consistency of all swims (both individual and relay swims), work ethic, relay chemistry, and swimmer attitude. When a swim-off is required upon the Head Coach's request, any three members of the Board must be present. The Head Coach will review the selection of each relay team with the President and Vice President(s).
 4. Regional relay teams for preliminaries shall be submitted in writing by the Wednesday preceding the Regional Championship to the Meet Manger. If any changes are required after this date, as determined by the Head Coach, the change must be justified to the Board of Directors. Regional Championship relay teams may be changed between preliminaries and finals at the Head Coach's discretion.
 5. The members on any Regional S1, S2, and S3 relay that successfully qualifies for the Provincials Championships will not be substituted by another swimmer for the preliminaries or finals at the Provincial Championships, except in special situations where a swimmer would be unable to swim the race. The only additional exceptions to this rule is noted in #7 and #10.
 6. The members of any 01, 02, S4-S8 relay that successfully qualifies for the Provincial Championships may be substituted for the preliminary race at the Provincial Championships at the Head Coach's discretion. The relay team that swims the preliminaries at the Provincials Championships will be the same team that swims the finals if the team qualifies. The only exception is in special situations where a swimmer would be unable to swim the

race. Any substitutions between the Regional and Provincial Championships shall be made with the involved swimmers being informed no later than the Friday directly following the Regional Championships.

7. When eight swimmers are divided into two relay teams in the same division at the Regional Championships, and both teams qualify for Provincials any substitutions between the eight swimmers may occur at the Head Coach's discretion up to the Friday directly after Regionals.
8. Any swimmers attending the Provincial Championships in individual events and selected to compete on a relay team are expected to compete in all events without exception. Members not adhering to this rule may be scratched from their individual races, and replaced by the regional alternate, at the Head Coach's discretion.
9. Any members not planning to attend the Provincial Championships, but selected to swim on a regional relay must inform the Head Coach of their plans for participation at Provincials by the Thursday before the Regional Championships.
10. All Provincial Championship relay qualifiers are expected to attend a minimum of 80% of all practices between the Regional and Provincial Championships. Any members not meeting this standard may be substituted by another swimmer at any time.

Key Changes from the previous Sunfish Relay Policy

1. The Hootenanny, Cloverdale/Surrey, WRASA, and North Delta meets are used as "tryouts" for the Sunfish relay teams that will swim at Regionals. If you wish for your child to be given the opportunity to represent the Sunfish on a relay team at Regionals, and potentially the Provincial Championships, they MUST sign up to swim at relays for at least a few of these meets to allow the coaching staff to determine the best relay, and order possible.
2. There is no longer an age restriction for relay teams. This means that younger swimmers may displace an older swimmer irreverent of the division/category that the relay team is entered in. Swimmers who, at the discretion of the coaching staff, are seen to contribute the best to a relay team will be placed on this relay team at Regionals. A swimmer's age shall no longer be seen as a determining factor when trying to form the best possible combination for the teams representing the club at the Regional and Provincial Championships.
3. Substitutions of relay teams can occur between the Regional and Provincial Championships for Divisions 4-8, and Categories 1 & 2 as long as completed by the timeline listed above. Reasoning's for these substitutions include but are not limited to: injuries, work ethic, and potential faster relay combinations not available or used at the Regional Championships.

Summer 2019