

NORTH DELTA SUNFISH SWIM CLUB

Addendum to the NDRC and Sungod Safety Plan

July 6, 2021

Updated Safety Plan: Step 3

On July 1st the Provincial Health Office announced new guidelines for COVID-19 workplace and sports group protocols. The North Delta Sunfish Swim Club will be moving forward with the next step in our safety plan. This is based on suggestions from British Columbia Summer Swimming Association and ViaSport.

We will also be following the guidelines presented by WorkSafe BC.

In our current Step 2 plan we had been approved to have:

- No more maximum capacity of 31 bodies behind the fence
- Restrictions ONLY lifted when in the water
- 2 metre distance to be maintained on deck or during dry land
- Masks still required on deck and during dry land as per the City of Delta

The following were recently approved for sports and activities:

- Increased capacity of swimmers allowed. No cohort limitations

- Volunteer coaches are allowed to be in the water with the swimmers thus allowing us to open registration to “Little Fishies” groups.

We are updating our plan regarding the use of face masks as per the City of Delta approval on June 28, 2021. This enables us to streamline our safety protocols with Swim BC and the City of Delta.

- Coaches can now stop wearing masks on deck at the outdoor pool while coaching - unless they are within 2 metres of swimmers.

Moving forward with **Step 3** Guidelines. The Provincial Health Office has set new guidelines regarding Sports & Activities. For the outdoor pool these are the current updates:

- Coaches do not need to wear masks while working on deck. If a coach is not fully vaccinated it is recommended they still wear a mask if they are not able to maintain 2 metres distance.
- Coaches and swimmers must maintain 2 metres of distance while on deck or during dry land.
- Masks are still recommended for children between the ages of 2-12 for indoor use. We do recommend masks be worn if the swimmer wishes to wear one or cannot maintain 2 metre distance.

The North Delta Sunfish will continue to conduct daily symptom screening for all swimmers and coaches prior to entering the pool deck. A swimmer should NOT attend practice if:

- They display any symptoms of COVID. Swimmers and coaches should continue to perform self-assessments on their own health.

- If any household member is showing any symptoms of COVID.

The current entry and exit locations will remain until otherwise instructed by the City of Delta.

The club will also continue to communicate with the City of Delta in order to follow the cleaning and disinfection of high touch areas after practice sessions.

Although the limitations to the number of spectators has been lifted for outdoor gatherings we suggest that parents still maintain appropriate social distance. If you are not fully vaccinated it is recommended to continue wearing a mask. If you are fully vaccinated (14 days after second vaccination) you may choose to still wear a mask.

Time Trials at Sungod Indoor Pool

The current plan is to run a single club: multi-cohort competition. During the Time Trials at Sungod Indoor Pool the North Delta Sunfish will continue to follow the protocols for indoor facilities. The original safety plan lays out in detail the entry and exit procedures for the facility. These procedures will be followed unless otherwise informed by the City of Delta. Although the limitations have been lifted for the capacity of users at indoor facilities we will continue to hold Time Trials by cohorted practice groups (Intermediate/Senior first then include Juniors if space permits). We will require pre-registration of swimmers for any time trials involvement. We will conduct symptom screening prior to the start of warm-up and Time Trials. On deck interactions will be limited to the area behind the blocks.

The number of officials on deck will be approved by the City of Delta.

Mask mandate:

- Masks are still recommended for anyone over the age of 12 who is not fully vaccinated while indoors. It is recommended swimmers wear

a mask once entering Sungod until they are behind the blocks and ready to swim.

- It is recommended that coaches wear a mask while they are in Sungod on deck if they are not fully vaccinated.
- It is recommended officials wear a mask while on deck if they are not fully vaccinated.
- Social distancing should be observed to try to maintain 2 metre separation.
- If a person is fully vaccinated (14 days post 2nd vaccination) and they wish to wear a mask they may do so.
- Spectators could be allowed but would be limited to 50 or the approved number allowed by the facility.

If approved by the City of Delta we would like to propose a Dual Club: Dual cohort competition or a Multi Club: Multi-cohort competition. The clubs that could be invited to participate in the Time Trial would be fellow BCSSA clubs. Our wish is to include Boundary Bay Bluebacks and/or the Ladner Stingrays as they are also clubs located in Delta. The number of swimmers would be limited due to time constraints.