



# 2024 Invitational Swim Meet

July 20-21, 2024

Deadline for meet entries: 9:00 pm Monday **Jul 15, 2024**

**LOCATION:** Sungod Recreation Centre, 7815 - 112th Street, Delta BC

## **FACILITIES:**

- 25m, 8 lane Indoor pool with seating for viewing.
- Ample outdoor space for clubs, tents, etc.

## **FOOD:**

- **Teapressu - Slothfuls - Bubble Tea**  
Sat/Sun 12 - 5 pm service by Sunfish Concession
- **Peace Sweetz - Shaved Ice Cream Treats**  
Sat/Sun 11am - 5pm
- **J's Disco Dogs - Specialty Hot Dog Stand**  
Saturday ONLY - 11 am - 3pm
- **Bread & Cheese Co Food Truck**  
Sat/Sun 8am - 3pm  
\* No hot dogs on Saturday but will have full menu Sunday
- **Sunfish Snack Shack Concession:**  
Breakfast service from 7am - 10am (or until sold out)  
Samosas 11:30am until sold out  
Snack items/drinks will also be available for purchase until 3pm each day

**PLEASE BRING A REFILLABLE WATER BOTTLE.**

Online 50/50 Sales ON NOW Click Here: <https://www.rafflebox.ca/raffle/ndsssc>

Deadline to purchase tickets is Sunday, Jul 21st at 2:59pm. Draw will happen on July 21st, between 3-4pm.



**Please note:**

- Food and drink consumption on deck is limited to meet officials only.
- No glass is permitted inside the pool area.
- Access to any of the amenities offered in Sungod Recreation Centre other than the meet pool itself will require an admission band, which can be purchased at the Sungod Service desk in the reception area.
- No parents or guests will be permitted on the working pool deck or within the marshaling area during the meet.
- Events are officially called by the Clerk of the Course in the marshaling area. It is the responsibility of the swimmers to be close enough to hear the Clerk call the events. Any calls made by the announcer over the P.A. system are courtesy calls only.
- Bleachers will be used for active viewing only. Walking paths, doorways and ramps must be kept clear.
- **SORRY NO CAMPING OR OVERNIGHT TENTING PERMITTED.**

**FEES:**

Individual Events:	\$10.00
Relays:	\$12.00

- Invoices will be sent out the following week for payment
- Cheques made payable to: North Delta Sunfish Swim Club OR etransfer to [treasurer@ndsunfish.com](mailto:treasurer@ndsunfish.com)

**ENTRIES:**

- NO DECK ENTRIES.
- Entries must be received before **9:00 pm Monday, July 15.**
- All entries must be emailed to [meetmanager@ndsunfish.com](mailto:meetmanager@ndsunfish.com) (If you do not receive an email confirmation within 24 hours, then we did not receive your entries).
- Entries and team rosters **must be submitted in Active Swim Manager format.**
- Entry submissions must include name & telephone number of club contact and head coach.
- Each swimmer may enter 4 individual events and 2 relays.
- No exhibition swims will be allowed.

- **NT will not be accepted.** All swimmers need to have a time submitted with their entry file. If a swimmer has no official time the coach must enter a practice time.
- "O" swimmers must be clearly marked on meet entries.
- Coaches must provide the names of swimmers on relays by **10:00 am** on the day of the meet to the Clerk of the Course.
- Scratches to be sent to: [meetmanager@ndsunfish.com](mailto:meetmanager@ndsunfish.com) by each morning by 7am.

## FORMAT:

- All Division 1-6 and OCat1 individual events will be swum as heats and finals.
- Finals will be swum for Division 7 - 8 and OCat2 individual events if there are more than 8 swimmers in prelims; otherwise all events will be timed finals.
- Relays will be raced as timed finals, following individual heats.
- **There will be marshaling for Div 1-4 and OCat1 preliminary events and for all finals. Preliminary Div 5+ and OCat2 events will not be marshaled.** All finals will be marshaled. NO call outs for individuals. Coach swimmers need to check in at marshaling.
- Heats will be seeded by division and entry time.
- Note that the Clerk of the Course will combine heats where appropriate and that order of events may be adjusted based on entries and scheduling.

## RELAYS:

- Division 1-7 "S" relays are open only to "S" swimmers.
- Division 8 relays are open to "S" and "O" swimmers.
- Relay teams must consist of 4 swimmers.
- Names of the 4 swimmers and up to two alternates, including their actual Division, **must** be listed on the Official Relay Entry Form.
- "S" swimmers may swim on an "O" Cat Relay: Div 1-3 with "O" Cat 1; Div 4-6 with "O" Cat 2; Div 7 and up are combined with "O" Cat 8; provided there is a minimum of one (1) "O" Cat swimmer on the Relay.

## SCHEDULE:

- Warm-up times: 6:00 am – 7:30 am. Club warmup lanes and times will be assigned prior to the meet
- Coaches Meeting: 7:15 am
- Officials Meeting: 7:30 am
- Cheers: 7:35 am
- Marshaling begins: 7:50 am
- **Meet begins at 8:00 am sharp!**
- There will be approximately 20 minute warm up between prelims and finals
- There will be 2 warm-up lanes in the second pool available all day

## AWARDS & SCORING:

### *Individual Awards:*

- "S" category. Finals: 1st to 8th place ribbons up to Division 6
- "O" category. Finals: 1st to 3rd place ribbons
- Relays: 1st to 8th place ribbons
- Swimmers registered in 6 and under events will receive goody bags

### *Aggregate Awards:*

- Aggregate and runner up aggregate awards for Div. 1 to Div. 6

### *BCSSA Points:*

Place	Individual Points	Relay Points
1	9	18
2	7	14
3	6	12
4	5	10
5	4	8
6	3	6
7	2	4
8	1	2

**OFFICIALS:**

- **Each club will be required to provide timers, recorders, and deck officials.** Sign-up sheets for officials will be sent out prior to, and be available during the meet.
- Senior level officials should consider signing up for available Referee, Starter and DDO positions.

**RULES:**

The BCSSA Rules and Regulations as published in the January 2024 rulebook edition, including any rules passed by the Provincial Board of Directors, which are posted on the BCSSA website, will apply.

All member clubs, competitors, coaches, officials or individuals attending the Sunfish Meet shall abide by the Code of Conduct as stipulated in Section 3 Conduct of The Administration of the BCSSA Rules and Regulations and in this meet package. Any members or individuals who violate or fail to comply with the BCSSA Code of Conduct, or rules and regulations may be disciplined at the sole discretion of the Regional Director. Disciplined members or individuals may appeal to the BCSSA Provincial Board. The decision rendered by the BCSSA Provincial Board on the matter shall be final.

**BEHAVIOUR:**

It is expected that everyone in attendance will show good sportsmanship and respect for others. In promoting safety, fun and good competition, everyone will try to eliminate behaviors, which detract from a positive environment.

**Abuse and harassment of any type will not be tolerated as per BCSSAs Harassment Policy**

**EVENT LISTS:**

Event # Girls	Saturday Event	Event # Boys
101	Div 1 100 IM	102
103	Div 2 100 IM	104
105	Div 3 100 IM	106
107	"O" Cat 1 100 IM	108
109	Div 4 200 IM	110
111	Div 5 200 IM	112
113	Div 6 200 IM	114
115	"O" Cat 2 200 IM	116
117	Div 7 200 IM	118
119	Div 8 200 IM	120
201	6 & Under 25 Free	202
203	Div 1 50 Free	204
205	Div 2 50 Free	206

207	Div 3 50 Free	208
209	"O" Cat 1 50 Free	210
211	Div 4 50 Free	212
213	Div 5 50 Free	214
215	Div 6 50 Free	216
217	"O" Cat 2 50 Free	218
219	Div 7 50 Free	220
221	Div 8 50 Free	222
301	6 & Under 25 Fly	302
303	Div 1 50 Fly	304
305	Div 2 50 Fly	306
307	Div 3 50 Fly	308
309	"O" Cat 1 50 Fly	310
311	Div 4 50 Fly	312
313	Div 5 100 Fly	314
315	Div 6 100 Fly	316
317	"O" Cat 2 100 Fly	318
319	Div 7 100 Fly	320
321	Div 8 100 Fly	322
401	Div 1 200 Medley Relay	402
403	Div 2 200 Medley Relay	404
405	Div 3 200 Medley Relay	406
407	"O" Cat 1 200 Medley Relay	408
409	Div 4 200 Medley Relay	410
411	Div 5 200 Medley Relay	412
413	Div 6 200 Medley Relay	414
415	"O" Cat 2 200 Medley Relay	416
417	Div 7 200 Medley Relay	418
419	Div 8 200 Medley Relay	420

<b>Event # Girls</b>	<b>Sunday Event</b>	<b>Event # Boys</b>
501	Div 5 50 Fly	502
503	Div 6 50 Fly	504
505	"O" Cat 2 50 Fly	506
507	Div 7 50 Fly	508
509	Div 8 50 Fly	509
601	6 & Under 25 Back	602
603	Div 1 50 Back	604
605	Div 2 50 Back	606
607	Div 3 50 Back	608
609	"O" Cat 1 50 Back	610
611	Div 4 100 Back	612
613	Div 5 100 Back	614
615	Div 6 100 Back	616
617	"O" Cat 2 100 Back	618
619	Div 7 100 Back	620
621	Div 8 100 Back	622
701	6 & Under 25 Breast	702
703	Div 1 50 Breast	704
705	Div 2 50 Breast	706
707	Div 3 50 Breast	708
709	"O" Cat 1 50 Breast	710
711	Div 4 100 Breast	712
713	Div 5 100 Breast	714
715	Div 6 100 Breast	716
717	"O" Cat 2 100 Breast	718
719	Div 7 100 Breast	720
721	Div 8 100 Breast	722
801	Div 1 100 Free	802
803	Div 2 100 Free	804
805	Div 3 100 Free	806
807	"O" Cat 1 100 Free	808
809	Div 4 100 Free	810
811	Div 5 100 Free	812
813	Div 6 100 Free	814
815	"O" Cat 2 100 Free	816
817	Div 7 100 Free	818
819	Div 8 100 Free	820
901	Div 1 200 Free Relay	902
903	Div 2 200 Free Relay	904
905	Div 3 200 Free Relay	906
907	"O" Cat 1 200 Free Relay	908
909	Div 4 200 Free Relay	910
911	Div 5 200 Free Relay	912
913	Div 6 200 Free Relay	914
915	"O" Cat 2 200 Free Relay	916
917	Div 7 200 Free Relay	918
919	Div 8 200 Free Relay	920